

# The Season of Lent

## Sacrament of Reconciliation

Fr. George will be available to celebrate the Sacrament of Reconciliation (Confession) every Saturday afternoon, as usual, from 3:00-3:45 p.m. (except Holy Saturday March 31<sup>st</sup>)

Also every Monday evening during Lent the Sacrament of Reconciliation will be celebrated as follows:

Monday February 19, 6-7 p.m. @ St. Elizabeth Seton  
Monday February 26, 6-7 p.m. @ St. James  
Monday March 5, 6-7 p.m. @ St. Elizabeth Seton  
Monday March 12, 6-7 p.m. @ St. James  
Monday March 19, 6-7 p.m. @ St. Elizabeth Seton  
Monday March 26, 6-7 p.m. @ St. James  
Tuesday March 27, 6-7 p.m. @ St. Elizabeth Seton

## Stations of the Cross

The beautiful Lenten tradition of the Stations of the Cross will be celebrated each Friday during Lent. The variation of schedule times reflects and honors the slight differences of tradition of each church campus. Therefore the following schedule is as follows:

February 16 at 5:30 p.m. @ St. James  
February 23 at 7:00 p.m. @ St. Elizabeth Seton  
March 2 at 5:30 p.m. @ St. James  
March 9 at 7:00 p.m. @ St. Elizabeth Seton  
March 16 at 5:30 p.m. @ St. James  
March 23 at 7:00 p.m. **TENEBRAE with combined choirs** @ St. Elizabeth Seton  
Good Friday March 30 at 7:00 p.m. @ St. James **Stations led by Confirmation Class and Veneration of the Cross**



### Weekday Masses during Lent

The weekday morning Mass schedule for Lent is as follows:

Mondays at St. Elizabeth Seton at 8:30 a.m.

Tuesdays at St. James at 8:00 a.m.

Thursdays at St. James at 8:00 a.m.

Fridays at St. Elizabeth Seton at 8:30 a.m.

Due to the high volume of funerals and the availability of one priest the schedule was not changed from the regular year-round schedule.



### Ash Wednesday Schedule of Masses

There will be three Masses on Ash Wednesday.

Ashes will be blessed and distributed at Mass (after the homily) as appropriate to the liturgical norms.

The schedule of Masses is as follows:

7:00 a.m. at St. James

12:00 Noon at St. Elizabeth Seton

7:00 p.m. at St. James



### General Lenten Practices

Ash Wednesday begins the Holy Season of Lent. It is a Holy Season marked by the 3 pillars of lent: prayer, fasting and almsgiving. It is a 40 day long season of reflection, penance and sacrifice (not including Sundays). We are invited to sacrifice by either “giving up” something or to “take on” an added positive practice of generosity. It happens to fall on February 14<sup>th</sup> (Valentine’s Day). There has been no dispensation from the obligation to fast and/or abstain from meat on this day.

Ash Wednesday and Good Friday are days of fasting (which allows one primary meal and two lesser meals) and abstinence from meat. All persons between the age of 18 and 59 are asked to fast on Ash Wednesday and Good Friday. All persons 14 years of age or older are asked to abstain from meat on Ash Wednesday, Good Friday and Fridays of Lent

